



NATIONAL CENTERS OF
EXCELLENCE
IN WOMEN'S HEALTH

Community Outreach Component

December 2000

OFFICE ON WOMEN'S HEALTH
U.S. DEPARTMENT OF HEALTH
AND HUMAN SERVICES

The National Centers of Excellence in Women's Health (CoE's) were established by the Office on Women's Health, within the Department of Health and Human Services in 1996. Their mandate is to establish and evaluate a new model health care system that unites women's health research, medical training, clinical care, public health education, community outreach, and the promotion of women in academic medicine around a common mission-to improve the health status of diverse women across the life span.

The multi-component approach to women's health is unique to the CoE model. One of the critical goals of the CoE is the expansion of community outreach and linkages to better serve women in the community, particularly those who are underserved. Community outreach, from local to the national level, is a key component of the CoE model because it allows each center to forge long-lasting relationships with community leaders, organizations, and members. These relationships are the foundation upon which to build future health care service, research, training, and education initiatives. This pamphlet highlights the wide-ranging outreach activities and projects of the CoE program in the effort to better serve the women of their communities.

Each CoE has developed a comprehensive consumer directory cataloguing women's health resources in the community. These women's health directories are available in the CoE clinical care sites, individual resource centers or by contacting the CoE directly. The CoE's also developed websites to provide a gateway to their services and to women's health in the community.

Additionally, all CoE's developed new approaches to linking community outreach and the promotion of women in medicine.

Each center created and launched specific projects to be directed by a female junior faculty member with special interests in community outreach. These projects are currently underway to bring attention to a vast array of women's health issues.

Research

- ◆ Center: Boston University Medical Center
Contact: Boston University Center of Excellence, 617-638-8035
Internet: <http://www.bmc.org/coewh/>

Junior Faculty Outreach Project: Hair Care Products: A Survey of Toxicological Assessment. A Community Based Project in Support of ACE and Roxbury Hair Salon. Wendy Heiger-Bernays, PhD. Working with Alternatives for Community and Environment (an environmental justice law and education non-profit organization), Dr. Wendy Heiger-Bernays identified hair-care products used by the participating salons that are owned and operated by people of color in the Dudley Square area and the extent to which the operators, clients and children are exposed to these products. Literature-based research was done to determine the relative safety of key products that are used. The project also determined whether the salons are adequately ventilated for the maintenance of good health. Fact sheets have been developed for the operators of the salons that describe the product safety as well as recommendations for using these hair-care products safely.

- ◆ Center: University of California, Los Angeles
Contact: UCLA Center of Excellence, 1-800-825-2631
Internet: <http://womenshealth.med.ucla.edu/>

The UCLA CoE partnered with the Los Angeles County Office of Women's Health to present "Setting Priorities: Translating Women's Health Research into Action." This conference was attended by over 350 community leaders, researchers, local and state officials, and women's health advocates. It was co-chaired by Dr. Janet Pregler, CoE Director, and Dr. Vivian Pinn, Associate Director for Research on Women's Health of the National Institutes of Health. The agenda included a presentation of ongoing research by numerous senior researchers and a specific discussion on recruitment of women and particularly minority and poor women, to clinical trials. A response panel consisting of senior policy makers of Los Angeles County received feedback from the assembled audience on issues and priorities for women's health research in Los Angeles County.

The UCLA CoE Community Alliance is comprised of community members representing a broad range of agencies and organizations. At quarterly meetings ongoing research and recruitment, particularly underserved and minority women is a topic of discussion. UCLA researchers give presentations on studies recruiting into clinical trials. The first presentation in this series was given by Patricia Ganz, MD who presented information on the STAR study (study of Tamoxifen and Raloxifene trial). Specific information is given when applicable about resources available to aid poor and underserved women.

- ◆ Center: University of California, San Francisco
Contact: University of California, San Francisco Center of Excellence, 415-885-7273
Internet: <http://itsa.ucsf.edu/~ucsfcoe/main.html>

Outreach Project: Adolescent Exercise and Body Image Research: Developing Community-Based Intervention Strategies. Gina Moreno-John, MD, MPH.

Recognizing that little information exists on how to involve women from diverse populations in research trials, the UCSF CoE conducted an in-depth study of the factors that facilitate and impede women's participation. A step-by-step recruitment guide was developed, and an academic paper will be currently at press. (B. Brown, H. Long, T. Weitz, N. Milliken. *Conceptual Model for the Recruitment of Diverse Women into Research*. Journal of Women's Health and Gender-Based Medicine.)

Extensive partnering with Asian communities in the San Francisco Bay Area resulted in the translation of instruments for a clinical research trial into Cantonese. Interns continue to work with community-based organizations to raise awareness about the role of research in improving clinical care, and recruit Chinese women into UCSF-based trials.

The UCSF CoE has developed a Women's Health Research Bulletin to inform women about opportunities for participating in clinical research. It is organized by topics, such as general health, mental health, and obstetrics/gynecology. The Bulletin is published quarterly and disseminated throughout the community.

- ◆ Center: Harvard University
Contact: Harvard Medical School's Center of Excellence, 617-732-8798
Internet: <http://www.hmcnet.harvard.edu/coe/>

JudyAnn Bigby, M.D., Clinical Director and Committee to Advance the Health of Minority Women Chair of Harvard Medical School's Center of Excellence in Women's Health, is serving as a co-investigator of a National Cancer Institute study seeking to assess the dietary choices of black women aged 18-74 from Boston neighborhoods. Through a joint effort between the BWH Center for Health Promotion and Education and Memorial Hospital in Rhode Island, a cable TV program, "Sistertalk," will be broadcast to the homes of 560 Boston participants, whose dietary and exercise habits will be monitored throughout the study. The show is hosted by a black nutritionist and exercise physiologist and the script of the show is based on information from focus groups with over 150 black women in Boston. Women who are randomized to participate in viewing the program receive free cable access. Women who are not randomized to view the show receive 12 videotapes at the end of the project. In between shows, women are randomized to receive a phone call from a lay health educator from the community who asks about the participant's progress with changing her habits, and gives her health advice. Through this innovative new pilot study, Dr. Bigby hopes to develop a practical, culturally sensitive weight management program and explore the role of television as an effective health education tool.

- ◆ Center: Indiana University School of Medicine
Contact: Indiana University Center of Excellence, 317-630-2243
Internet: <http://www.iupui.edu/~womenhlt/>

The Wishard Health Service and the IU Department of Medicine have created a network of recruiters of research subjects in the satellite clinics of Wishard, and these individuals are being educated in the importance and methodology of recruiting women for clinical trials.

- ◆ Center: Tulane and Xavier Universities of Louisiana
Contact: Tulane Xavier Center of Excellence, 504-585-6156
Internet: <http://www.tulane.edu/~tuxcoe/>

Working with Louisiana Organ Procurement Agency to develop, implement and evaluate population awareness and education about organ donation.

Developed and implementing survey for clinic patients from the community on knowledge, attitudes and practices regarding hormone replacement therapy and breast health.

Developed conceptual model and implementation protocol for community-based focus groups relative to women's participation in clinical trials.

Participated in the first year of funding, the planning year, for REACH 2010 in New Orleans. Spearheaded the development and submission of the REACH 2010 New Orleans Community Action Plan for funding for the next five years.

- ◆ Center: Wake Forest University Baptist Medical Center
Contact: Wake Forest Center of Excellence, 336-713-4220
Internet: <http://www.wfubmc.edu/women>

Focus groups to evaluate Women's Health Center of Excellence with women of European, African, Asian, and Native-American background.

Conducted research on women minorities' participation in research.

Created pamphlet to educate women about participating in research.

- ◆ Center: University of Washington, Seattle
Contact: University of Washington Center for Excellence,
206-598-8991
Internet: <http://depts.washington.edu/uw98coe>

Under the direction of Dr. Susan Reed and Ms. Tracey Grooding, Harborview Medical Center is conducting outreach needs assessment focus groups with area minority women. Women from eight key ethnicities are being asked to address barriers to health care, attitudes towards health care system and education needs. Ethnic groups include Somali, Vietnamese, Chinese, Russian and others. These groups represent key minority populations served by HMC.

Summer intern Tesmerelna Atsheba is conducting a series of interviews in community-based clinics which target underserved women. Providers are asked to identify greatest needs in terms of caring for populations they serve.

- ◆ Center: University of Wisconsin-Madison
Contact: University of Wisconsin Center of Excellence,
608-267-5566
Internet: <http://www.womenshealth.wisc.edu/>

A CoE faculty is working, through a multidisciplinary research project, with the Early Head Start Project, evaluating whether family advocates working intensively with young, low income families (primarily mother-led households) can help them better access health and social services.

The CoE is working with the Mautner Group as part of a multi-site evaluation of a brief health provider training intended to improve healthcare for Lesbians.

The CoE has assisted with recruitment of minorities and other medically underserved women to participate in clinical trials.

The CoE, in collaboration with the Minority Health Office for the state, is conducting a culturally-specific community health needs ascertainment within the Dane County Latina community.

Clinical Care

- ◆ Center: University of California at Los Angeles
Contact: UCLA Center of Excellence, 1-800-825-2631
Internet: <http://womenshealth.med.ucla.edu/>

Iris Cantor Center for Breast Imaging Mobile Mammography Unit focuses on screening underserved women in the community.

Junior Faculty Outreach Project: Increasing the Use of Primary Care Services by Neighborhood Women: A Community Outreach Project. Allison L. Diamant, MD, MSHS. Through this project, Dr. Allison Diamant will develop and implement culturally sensitive health-related educational program(s) at a local community clinic, the Burke Health Center, which primarily serves Latina women. The program will meet the needs of neighborhood women as identified through focus groups with staff from the Burke Health Center and community leaders from the Pico Community neighborhood. The project will also focus on increasing neighborhood women's use of health care services at the Burke Health Center as measured by visits made to the clinic and receipt of preventive health services.

- ◆ Center: University of California, San Francisco
Contact: University of California, San Francisco Center of Excellence, 415-885-7273
Internet: <http://itsa.ucsf.edu/~ucsfcoe/main.html>

Junior Faculty Outreach Project: Improve Access to Primary Care for Chinese Women. Anne W. Chang, MD. In collaboration with investigators from Wake Forest University, Dr. Chang will translate and modify a comprehensive health education and health record tool, the Health Guide, to make it culturally and linguistically appropriate for use with Chinese women patients.

Recognizing that depression is a prevalent problem among women (25% will experience at least one episode in their lifetime), the UCSF CoE helped form the Depression Co-Management Task Force. Based on extensive qualitative and quantitative research, the team developed and implemented a number of strategies to for improving the detection and treatment of depression in women in the primary care setting.

The UCSF CoE collaborates with, and refers clients to, three community-based health care clinics for under-served populations that are sponsored and run by the UCSF Schools of Nursing and Medicine. (1) The Valencia Pediatrics and Family Practice, located in the Mission neighborhood, serves Latina women and their children; (2) UCSF runs a primary care clinic at Glide Memorial Church, located in the Tenderloin district, one of the poorest in San Francisco; (3) New Generations is a reproductive health clinic for teens.

- ◆ Center: Harvard University
Contact: Harvard Medical School's Center of Excellence,
617-732-8798

Internet: <http://www.hmcnet.harvard.edu/coe/>

The WELL (Women Enjoying Longer Lives) program is a unique preventive health care and public education program designed for socially disadvantaged women ages 45-64 years of all ethnic

and cultural backgrounds. This program has been a collaborative effort of women in the Boston community and health care providers at the Beth Israel Deaconess Medical Center and seven affiliated community health centers. The WELL program approaches the problems women face in the perimenopausal and postmenopausal period in a holistic manner. Using lay health advisors, women are encouraged to go through screening programs and receive preventive health care at their local neighborhood health center. The WELL program provides screening for the following conditions:

- cancer screening: breast, cervical, and colorectal.
- cardiovascular risk reduction: hypertension, diabetes, and smoking.
- osteoporosis prevention.
- menopause counseling.
- screening and counseling for domestic violence
- nutrition counseling- new service
- depression screening- new service
- aerobic exercise and ethnic dance- new service

In 1999 and 2000, the HMS CoE launched a campaign called the “Boston Heart Party” to educate local women about cardiovascular disease. The program included screenings, information about cardiovascular disease risk factors and heart health management tips for women. The Boston Heart Party screenings were held at more than 60 sites in and around the Boston area and were administered by health care professionals from Partners HealthCare System, Inc., CareGroup, Inc., and the

organizations' affiliated health centers. Screenings included blood pressure measurement, cholesterol and glucose testing and individualized risk factor profiles. The results were given to each woman at the time of the screening, and physician referrals will be provided upon request. The screenings were open to all women free of charge. Publicity for the Boston Heart Party included television and newspaper advertisements, web site listings, and mailings to hundreds of thousands of Bostonians.

- ◆ Center: University of Illinois at Chicago
Contact: University of Illinois at Chicago Center of Excellence,
312-413-1924
Internet: <http://www.uic.edu/orgs/womenshealth/>

Junior Faculty Outreach Project: Increasing Physical Activity among African-American Women, Jacqueline Walcott-McQuigg, PhD, RN. Dr. Jacqueline Walcott-McQuigg is working with the Regional Administrator and Medical Director of the Roseland Community Neighborhood Health Center to increase physical activity among middle-aged to older African American women. Dr. Walcott-McQuigg is developing an exercise resource notebook for physicians to distribute to their patients. The City of Chicago Department of Public health mandated that all primary care physicians encourage their patient populations to increase physical activity. The notebook is being developed for physicians to use in conjunction with their physical activity regimen discussions. In collaboration with a graphic artist a logo was designed for the notebook symbolizing the unique characteristics of women in the Roseland community. The notebook consists of three sections, (a) a listing of sources in the Roseland community that offer opportunities for participation in exercise, local television exercise programs, and internet sources of health and exercise information for African-American women; (b)

a tips on exercise section that consists of information on the importance of exercise, benefits, barriers identified by women in the Roseland area who participated in focus group sessions, and strategies to overcome barriers, and (c) the Food Guide Pyramid. A “Pick Your Path To Health” pocket planner is also included in the notebook. The pocket planner is printed in English and Spanish and enables the women to record daily health information for a six month period. It also contains words of encouragement and health information resources. The “Pick Your Path to Health” is a national health program for ethnic minority women sponsored by the National Office of Women’s Health

- ◆ Center: Indiana University School of Medicine
Contact: Indiana University Center of Excellence, 317-630-2243
Internet: <http://www.iupui.edu/~womenhlt/>

The IU CoE has received an annual gift from Quilt America! to defray the costs of mammography for under- and uninsured women in Indiana. Services are provided to women in the community and in rural Indiana, both on-site at Wishard and Indiana University Hospital and off-site via a mobile mammogram van. This effort has also received support from the First Lady of Indiana who has ridden in the mammogram van to various small communities across the State, to offer both mammography and bone densitometry free of charge.

Sponsor for mammography van for Indianapolis area.

- ◆ Center: University of Michigan Health System
Contact: University of Michigan Center of Excellence,
734-763-0984
Internet: <http://www.med.umich.edu/whrc/ctr/excel.html>

Junior Faculty Outreach Project: Community Outreach in

Underserved/Disadvantaged Communities, Diedre Spicer, MD, MBA. During the course of this project, Dr. Spicer will work on three major initiatives. First, she will direct the development of a women's health program to support the Arabic/Middle Eastern/Moslem community in the Detroit metropolitan area. In collaboration with the University of Michigan Health System Office of Multicultural Affairs, Dr. Spicer will establish a program identified as the Crescent Women's Health Program that will include clinical, educational, and informational resources. Second, Dr. Spicer will work with Washtenaw County African American Health Improvement Plan on women's health issues, such as maternal morbidity and mortality, perinatal morbidity and mortality, and general health screening. Third, Dr. Spicer will develop targeted messages to improve rates of cervical cancer screening, prenatal care, and cardiovascular disease prevention among female hourly workers, dependents and retirees of the automotive industry.

- ◆ Center: Tulane and Xavier Universities of Louisiana
Contact: Tulane Xavier Center of Excellence, 504-585-6156
Internet: <http://www.tulane.edu/~tuxcoe/>

Junior Faculty Outreach Project: Assessing and Implementing Mobile Clinical Services for Women in Underserved Communities, Marian McDonald, Dr. PH. The Tulane/Xavier University CoE proposed to assess the desirability and feasibility of establishing mobile clinical services for residents in selected low income communities in the Greater New Orleans area. The first phase of the project focused on conducting a needs assessment and establishing relationships with community members in three low income communities: the Hispanic community, selected African American housing developments,

and the New Orleans East area. The program then began focusing on implementing mobile clinical services by linking existing services with communities in need, thereby creating a collaboration model to enhance utilization of mobile clinical services. The primary area of focus has been linking mobile immunization services with the Hispanic community. The project has also conducted health education activities in African-American housing developments and the Hispanic community, as health education services were identified in the assessment process as needed and welcomed by the communities.

- ◆ Center: Wake Forest University Baptist Medical Center
Contact: Wake Forest Center of Excellence, 336-713-4220
Internet: <http://www.wfubmc.edu/women>

Living Water Prenatal and Breast Screening Clinic, a community outreach clinic at a local church serving a tri-ethnic, low-income population.

- ◆ Center: University of Wisconsin-Madison
Contact: University of Wisconsin Center of Excellence, 608-267-5566
Internet: <http://www.womenshealth.wisc.edu/>

The CoE partnered with UW School of Pharmacy researchers and St. Mary's Hospital of Madison to conduct osteoporosis screening of a group of several hundred religious elderly women. Participants in a day long *Day of Caring* received on-site screening and immediate counseling on follow-up care.

Professor Diane Lauver, PhD, RN, developed and evaluated new clinic-based wellness programming. The six-week series focused on techniques and approaches that women can use to create their own well being. The UW Women's Health Center program has been offered four times and well received.

The CoE has worked with Deb Steberg, Nursing Director for Women's Services at Meriter Hospital, to develop a new midlife clinic, emphasizing a holistic approach and prevention education, as well as perimenopausal and menopausal symptom management. The soon-to-be-opened clinic is designed to be inclusive of medically underserved women.

The CoE is working with Meriter Hospital to develop its Community Care OB Clinic to effectively serve the growing Latina population in Dane County.

CoE faculty and staff are active in the D.A.'s Community Coordinated Health Care Response to Domestic Violence in Dane County to improve clinical services for persons harmed by domestic violence. Meriter Hospital is being recognized this year for its excellence in clinical identification of and referrals for victims of domestic violence.

The CoE is active in community efforts to make health care accessible and navigable to uninsured, low income women, participating on the Dane County Executive's Health Care Summit Planning Committee and other initiatives.

The CoE has worked cooperatively with the Wisconsin Division of Public Health to support the Wisconsin Well Woman Screening Program through promotion to consumers and potential providers, letters of support, networking and training for the program's county representatives.

The CoE has participated in the Osteoporosis Working Group and published diagnostic and treatment consensus guidelines on the CoE Web site.

Working with the director of the Allied Drive-Dunn's Marsh Neighborhood Center to develop a community-directed women's fitness project.

Patient Education and Outreach

- ◆ Center: Boston University Medical Center
Contact: Boston University Center of Excellence, 617-638-8035
Internet: <http://www.bmc.org/coewh/>

Developed educational materials and outreach programs with special emphasis on improving information dissemination on breast and cervical cancer screening for Haitian and Korean women.

Organized a booth for the New England Women's Health Expo.

Participated in Boston Medical Center Immunization Day and the Boston Medical Center/Phyllis Wheatley Middle School 8th Grade Career Fair.

Worked with Roxbury Community Alliance for Health to develop health fairs on such topics as STD's, HIV/AIDS, heart disease, stroke, and the health of children.

Additional participation in community health fairs through the BUMC Relations Office.

Developed and translated health informations for health care consumers and health care providers. Translated materials into Spanish and preparing for translation into Portuguese and Haitian Creole.

The BU CoE collaborates with the following community organization: Alternatives for the Community and Environment, American Cancer Society, Breast and Cervical Cancer Initiative, Coalition of Korean Americans, Haitian-American Public Health Initiatives, Haitian Public Health Institute, Mattapan Community Health Center of Boston Medical Center, Phyllis

Wheatley Middle School, and the Roxbury Community Alliance for Health.

- ◆ Center: University of California at Los Angeles
Contact: UCLA Center of Excellence, 1-800-825-2631
Internet: <http://womenshealth.med.ucla.edu/>

Women's Health Education and Resource Center, affiliated with the Iris Cantor-UCLA Women's Health Center, it combines public outreach and education by providing free and low cost programs to all women of the community; including: pamphlets, books, videos, internet access, lectures, workshops, support groups (including a multisession menopause discussion group), and limited exercise programs. Health care providers can refer women to the resource center, using a specially designed "prescription for patient education" on which they check off topics from a wide range of women's health topics that may be applicable to each patient. This special prescription pad was designed by the Women's Health Education and Resource Center after many focus groups and input. It lists 32 of the most common health issues seen by general internists at UCLA. A second specialized educational prescription pad has also been developed for the Obstetrics and Gynecology Department with topics specific to the og/gyn patients. Women who are not able to visit the resource center can ask to have patient education materials mailed to them. The Women's Health Education and Resource Center partnered with the Rhonda Fleming Mann Center For Women With Cancer to develop and disseminate educational breast cancer packet for newly diagnosed women. This packet is currently being used in community cancer clinics as well as throughout the UCLA campus. The Women's Health Education and Resource Center served as author of the screening guide for older women that appeared in "California Seniors

Magazine.” The Women’s Health Education and Resource Center developed special educational initiatives including a “Heart Gram” listing the warning signs of heart attack for women and a Mother’s Day card with strategies to help “Mom” stay healthy.

Sponsored a health conference for over 200 community women. Topics included: primary and preventive care, OB/GYN, hormone replacement therapy, osteoporosis, mental health, and breast health, among many others.

Sponsored “Lunch and Learn about Ovarian Cancer” in collaboration with National Ovarian Cancer Coalition.

The UCLA CoE has produced patient education pamphlets, CD-ROMS, and a newsletter (available on the CoEs internet site). Topics include: osteoporosis, prepregnancy planning, herbs and supplements, obesity.

The Women’s Health Education and Resource Center contains an extensive collection of patient education materials on women’s health in English, Spanish, and other languages.

The Women’s Health Education and Resource Center partnered with the CHAMPS Headache Program on software modification for recipe selection for the management of migraine headaches.

The UCLA CoE has established a Community Alliance to represent and report on grass roots and community organization activities. This Alliance meets quarterly. The activities of the Alliance have provided a two-way flow of information and served as a source of information for the educational needs of women in the greater Los Angeles area, particularly those who are underserved. The Alliance members have helped the CoE link educational programs and recruitment for clinical trials to the

community. The CoE has helped Alliance members to translate materials and to review and edit grant proposals. Members include: American Association of Retired Persons, Metamorphosis: Black Women for Wellness, Gay and Lesbian Community Services Center, and the Venice Family Clinic, among many others.

- ◆ Center: University of California, San Francisco
Contact: University of California, San Francisco Center of Excellence, 415-885-7273
Internet: <http://itsa.ucsf.edu/~ucsfcoe/main.html>

CoE interns, who are bi-cultural/bi-lingual, worked with practitioners from specialty clinics to translate patient education materials into Russian and Cantonese. These materials have expanded access to UCSF women's health services for monolingual women from the community.

The UCSF Women's Health Resource Center (WHRC), a branch of the CoE, offers a full range of educational services to Bay Area women and their families. On-site services include: patient education materials (in up to 6 languages), lending library, mini-bookstore, referrals to UCSF providers that specialize in Women's Health, referrals to community-based health and social services, and overall assistance in navigating the UCSF medical system.

The WHRC produces several publications, used for education and outreach into the greater Bay Area community.

- *The Research Bulletin* lists all current and on-going medical trials at UCSF related to women, and how to enroll.
- *The Women's Health Calendar* describes upcoming discussions, seminars, forums, conferences and events at UCSF related to women's health.

- *Women's Health Matters*, a newsletter, spotlights women's health topics and referrals to related UCSF clinics and specialists.

WHRC/CoE interns received several grants to produce and disseminate two important resource guides.

- *Resource Connection: a Guide to Cancer Services in Santa Clara County*
- *The UCSF Women's Health Resource Guide to Disordered Eating, Treatment, Therapy and Support Services in the Bay Area*

The WHRC offers a variety of specialized classes addressing health topics for women throughout the life span.

- *Embracing Menopause* is a one-day symposium outlining both western medical and complementary approaches to managing symptoms, tips for adopting and/or maintaining a healthy lifestyle, and discussion of embracing the aging process. The symposium is held two times per year, and open to anyone from the community.
- *Mind Over Bladder* is a half-day workshop that helps women understand the factors that cause urinary incontinence, and the treatment options available. Behavioral, pharmaceutical, and surgical interventions are reviewed by specialists from the UCSF Women's Continence Center. This workshop is held two times per year, and open to anyone from the community.
- *Empower Yourself* is an interactive class that allows women to develop effective strategies for balanced nutrition, healthy exercise, and finding peace of mind. UCSF specialists from multiple disciplines (a nutritionist, personal trainer, and psychiatrist) co-facilitate the course, which is offered to women on a referral basis only.

- *Great Expectations* is a comprehensive pregnancy program for women and their partners, including childbirth and parenting classes, support groups, lactation products and supplies, and educational resources.

A number of large-scale women's health conferences are co-hosted by the UCSF CoE.

- *Women's Health 2000* is an annual one-day conference featuring workshops on physical, mental and spiritual health. With the attendance of about 400 participants, this conference is for women of all ages, and open to anyone from the community.
- *Teen Health 2000* is an annual one-day conference for young women (ages 14-20) featuring keynote addresses, interactive workshops, and entertainment that promote health and empowerment. Co-hosted with State Senator Jackie Speier and the San Francisco Unified School District, the expected attendance this year (October, 2000) is 1,000 high school girls.
- *Older Women's Health and Wellness Summit*, a one-day conference that convened selected leaders in health, media, advocacy and the community, to discuss older women's health issues, and set an agenda to address the needs of this identified population. Co-hosted with the Center for Health and Aging, over 150 leaders participated in this event.
- *International Congress on Women's Health Issues*, a three-day conference for up-and-coming leaders in health care and community development. Last year's summit addressed women's work, health and quality of life, drawing over 500 participants that represented more than 20 nations.

— *The Dorothy Pechman Rice Symposium* featured prominent experts in the health policy field, discussing strategies for closing the gap in health care coverage. Judith Feder, Dean of Policy Studies, Georgetown University “Covering the Uninsured: The Difference Different Proposals Make”; Philip R. Lee, UCSF Professor Emeritus, Former Assistant Secretary, DHHS “The History of Health Care Reform”; Dorothy P. Rice, Sc.D, UCSF Professor Emerita, “The State of Health Care in California”; Carroll L. Estes, Ph. D, Founding Director IHA, UCSF Professor, “Social Construct of Health Care.”

- ◆ Center: Harvard University
Contact: Harvard Medical School’s Center of Excellence,
617-732-8798
Internet: <http://www.hmcnet.harvard.edu/coe/>

Junior Faculty Outreach Project: Development of a Health Diary for Minority Women, JudyAnn Bigby, MD. As an expansion to the Women Enjoying Longer Lives (WELL) program, this program is identifying the health needs of minority women and the most effective health education strategies. The Harvard CoE will then develop a health diary to be used throughout the entire life cycle, from adolescence to older age. The diary will focus on the needs identified by minority women but would be appropriate for women from any racial/ethnic group. In addition, freestanding patient education materials will be developed to complement the information in the diary. These materials will be disseminated through local churches, schools, health centers, and other organizations.

The Minority Core of the CoE focuses directly on maximizing access to services, research, medical education, and community

education for local community members. The Harvard CoE has been effective in helping community partners to access corporate funding for outreach programs targeting specific populations of women. One example has been a healthy menopause program for African American women.

The Harvard CoE developed the Women Enjoying Longer Lives (WELL) program for minority women, ages 45-64.

The CoE sponsored a minority women's health conference, entitled "Diverse Women Celebrating Wellness in the New Millennium: Strategies for Women and Providers".

The Harvard CoE has participated in community discussions and information dissemination sessions on topics including: alternative and complementary medicine, planning for pregnancy, breast cancer, heart disease, infertility, hormone replacement therapy, gynecological examinations.

The Minority, Clinical, and Education Cores of the Harvard CoE have reviewed existing education materials available at the hospital and in the community-based practice sites. They are updating existing materials and creating new ones as needed to fill in gaps.

The HMS CoE is one of the founding and collaborating members of REACH (Racial and Ethnic Approaches to Community Health) 2010. The goal of REACH is to work with the community of black women in Boston to address disparities in breast and cervical cancer screening and treatment. A one-year grant from the CDC will enable the coalition to develop a community action plan and to apply to CDC for long term funding. BWH and the HMS CoE have been responsible for carrying out a needs assessment to identify how black women

view breast and cervical risk, screening procedures, and the ability of institutions to provide culturally appropriate access to screening and treatment. Partners in this process include the Boston Public Health Commission, Boston University CoE, community health centers, the Boston branch of the Black Women's Health Project, the Boston Healthy Start Initiative, Partners HealthCare System, Inc., and the Boston Chapter of the National Black Leadership Initiative on Cancer.

BWH is working with the Women's Education and Industrial Union to promote a series of listening sessions on the needs of local wHahnemannomen in Massachusetts. The sessions include discussions about the needs of young and older women, health care needs, home health care needs, and economic and educational needs.

The HMS CoE has partnered with the Massachusetts Public Health Association to support a four-part women's health breakfast series in Boston.

In the Spring of 1997, Brigham and Women's Hospital launched its Lecture Series program. Doctors, nurses, nutritionists, and other health care professionals from BWH hold lectures and discussions in the Spring and Fall about various health topics. These seminars were designed to bring valuable health information and resources to community members - specifically women - in Boston's suburbs. Throughout the course of the program, Brigham and Women's Hospital has been able to reach over 1,800 women. Seminars include topics such as:

- Osteoporosis Awareness
- Planning Your Pregnancy

- Take it Off and Keep it Off
- Healthy Bones for Life
- Breast Care and Controversies
- Women Take Heart

For the past three years, Dimock Community Health Center, affiliated with the Beth Israel Deaconess Medical Center, has held a health forum for all women entitled “Body & Soul: The Wellness Connection.” This one-day program helps make the connection between mental, physical, and spiritual health, and stresses the importance of how good health can improve all other aspects of daily life.

During the course of the HMS CoE, the Women’s Health Committee at Massachusetts Hospital held women’s health symposium in October 1998, “Staying Well: Good Health for Women at Every Age,” in November 1999, “Bridging the Gap: Alternative and Complementary Medicine,” and in May 2000, “Caring for the Heart: Educating Women about Heart Disease.”

- ◆ Center: University of Illinois at Chicago
Contact: University of Illinois at Chicago Center of Excellence,
312-413-1924
Internet: <http://www.uic.edu/orgs/womenshealth/>

The CoE is working with the Korean Community to promote women’s health projects in that community.

Wellness education classes at UIC Outpatient Care Center.

Assisted with evaluation of health professional training programs in Englewood community.

Discussed metabolism and body weight at Women's health seminar of Cook County Commission on Women's Health.

Planning for future roundtables on cervical cancer, mental health, and adolescent health.

Marketing campaign on women's health for university community.

Developed Regional Resource Inventory List as a web accessible resource.

Future project to link Illinois legislative staff to health-related materials on the Internet.

- ◆ Center: Indiana University School of Medicine
Contact: Indiana University Center of Excellence, 317-630-2243
Internet: <http://www.iupui.edu/~womenhlt/>

The Indiana University School of Medicine developed a successful, gender-neutral, smoking cessation program in collaboration with the School of Dentistry. Due to gender-based differences in the ability to stop smoking, the IU CoE is conducting focus groups for women in order to create a smoking cessation program specifically targeted to the needs, concerns, and experiences of women smokers.

Junior Faculty Outreach Project: Development of Educational Program on Domestic Violence Targeting Adolescents, DaWana L. Stubbs, MD. The purpose of this program is to develop and implement a culturally-sensitive and gender-specific educational program that deals with domestic violence and specifically targets adolescents. Dr. Stubbs will work with her adolescent patients at the Westside Clinic to assist them in developing healthy lifestyles and avoid situations involving domestic violence. The program

will include an educational CD-ROM, which will contain basic information about domestic violence including incidence, ways to recognize potentially dangerous situations, ways to cope with such situations, and will identify the existing community resources and support systems.

In collaboration with the Indiana State Department of Health's Office of Women's Health, and with the Indiana Commission for Women, the IU CoE organized Indiana's first annual Women's Health Month. A kick-off ceremony at the Statehouse rotunda included a presentation by the First Lady of Indiana of the proclamation declaring Women's Health Month. Results of a grant competition for projects aimed at improving the health and wellbeing of women in community organizations throughout the State were also announced at this event. The IU CoE Director participated in the review for these grants.

The IU CoE has secured contributions to establish an annual lectureship in women's health for health care and lay audiences honoring Doris H. Merritt, M.D., Associate Dean Emerita and Professor of Pediatrics Emerita.

Each year, the IU School of Medicine presents a "mini-medical school" program on health topics of interest to the general public. It consists of six sessions over a six-week period. The Fall 2000 session will be dedicated entirely to women's health.

Participation in local and state health fairs.

Indiana University Center of Excellence/Anthem Conference on Women's Health.

Co-sponsor for Indiana Women's Health Month.

The CoE participated in educational presentations on local radio station, WZPL, on osteoporosis, heart disease, depression, smoking cessation, domestic violence, and breast screening.

- ◆ Center: Magee Womens Hospital
Contact: Magee Womens Hospital Center of Excellence,
412-641- 4450
Internet: <http://www.mwri.magee.edu>

The Magee CoE has a partnership with the Giant Eagle Grocery Store chain. The CoE writes and designs a mini-magazine on women's health topics and the store covers the production costs. The magazine also promotes items from the store. For example: an article will discuss the dangers of sun damage and there will be an accompanying coupon for sunblock. The magazines are distributed at the store. Each magazine contains a response card, with an average return rate of 500 responses per issue.

As a result of the Magee CoE and Giant Eagle Grocery Store chain partnership, the CoE also offers health screenings right in the store. These have included mini osteoporosis scans, blood pressure checks, and a heart risk screening & education table.

Collaboration with African-American Womancare program.

Provision of educational materials and clinical pathway through Osteoporosis Program.

Check Yourself: Passport to Good Health. This program targets teen girls and encourages them to take charge their health in positive ways. It uses the format of an attractive compact disk carrying case, designed in a selection of bright colors. Each CD case contains a personal health profile diary and calendar, as well as different stickers, to help girls think about health issues, and keep

track of questions, concerns, and check-ups. There is also a pocket-size reference guide called “Teen Connections” inserted in the CD case. It covers a wide variety of adolescent girls’ health issues (from eating disorders, to what to do in a car accident, or how to use the Internet safely) with information on what to do in different situations and names and phone numbers of local resources where they can get further help or information. The program is a partnership between Magee Women’s Hospital, the University of Pittsburgh Medical Center Health System, and the Family Health Council, Inc. with funding from Bristol-Meyers Squibb.

Womancare: An A to Z Resource on the Art of Living Well. The 1997 Annual Report for Magee Women’s Hospital was designed as a women’s health resource tool. It contains information on a wide variety of women’s health topics, arranged alphabetically from Art of Relaxation: Top Ten Tips for Women to Zest for Life. There are also useful risk assessment guides, tables, and names/addresses of resource organizations. The guide is illustrated with art contributed by 9 local Pittsburgh women artists.

Breast Cancer Education Series, lecture series open to public.

Participated in “Celebration of Women” hosted by Magee-Women’s Foundation.

Hosted presentation and discussion series for National Osteoporosis and National Menopause Awareness Weeks.

Participated in local health fairs, including: Magee-Women’s Ovarian Cancer Survivors, Pink Ribbon Saturday for breast cancer, Race for the Cure, and Breast Care Test Coalition fundraising event.

Developed a “Document Tracking System” for regular and extensive review of available information materials.

Opened a comprehensive Women’s Health Resource Center, including books, journals, newsletters, videotapes, audiotapes, and CD-ROM.

Extensive work with media to inform the public on many areas of women’s health.

- ◆ Center: MCP Hahnemann University
Contact: MCP Hahnemann Center of Excellence, 215-842-7041
Internet: <http://www.mcphu.edu/institutes/iwh/coe.htm>

Junior Faculty Outreach Project: Enhancing Minority Women’s Health through Faculty Professional Development, Ana Nunez, MD. Dr. Nunez will design, develop, and implement an educational intervention for health care providers caring for underserved/ disadvantaged, specifically Latina and African American, women living with HIV. The educational intervention will focus on enhancing the health care provider’s level of cultural competency to improve patient-provider communications. The educational intervention will be developed by focusing on the patient at the center of care by obtaining health care perspectives through focus groups, interviews and questionnaires.

Disseminated domestic violence materials throughout the campus and hospital system. Worked with hospital staff education departments to enhance their in-service programs on domestic violence. Implemented permanent postings of domestic violence resource hotlines for 5 counties in “high traffic” ladies rooms across campus and in hospital.

Ongoing dedication to expanding clinical services, health education programs, and mentoring opportunities with African-

American, Asian American, and Latino communities. Project based community boards formed as appropriate.

Worked with the organization Black Clergy of Philadelphia, Inc. and the School of Nursing to train lay health advisors on breast health issues in neighboring African American community.

Participated in numerous community health fairs. Taught breast self exam and offered health education on other women's health topics.

Supported Asian American Women's Coalition education and scholarship programs.

Conducted outreach to Arab American women through health education and screening efforts held at local mosques.

Convened community discussion groups related to assessment of healthcare needs for hospital system.

Identified community leaders and assisted in the development of hospital system's Regional Community Advisory Board. Provide University representation at Advisory Board meetings.

Provided presentations to civic, health professional, general public, and community leader groups on comprehensive model of women's healthcare. Held at restaurants, libraries, civic organizations, neighborhood meetings and churches as well as at health provider sites and on campus.

Presented Women's Health Series of evening talks on topics such as hormones, breast health and incontinence.

Planning all day community education and screening program for Fall 2000 Saturday with speakers and breakout groups on childbirth, breast cancer, weight reduction. Humorist will speak at lunchtime.

Working with HHS Office of Women's Health Regional Office on distribution of Pick Your Path to Health resources. Latina community is first primary target population.

Focus on nutrition for CoE website, including topics: calcium, lean diets for healthy hearts, weight loss plans, cancer prevention through nutrition, fiber intake, and the food pyramid.

- ◆ Center: University of Michigan Health System
Contact: University of Michigan Center of Excellence,
734-763-0984
Internet: <http://www.med.umich.edu/whrc/ctr.excel.html>

A Women's Health Newsletter is published four times a year. It includes facts and information on specific topics, such as mental health. It also gives an update on research surrounding the featured health topic and information about clinical trials in which women may want to participate.

The Women's Health Resource Center. This resource center is the key connection between the community and the clinical services of the Women's Health Program. The Women's Health Resource Center offers free information, sound advice and enthusiastic encouragement regarding women's health issues. Staff are available to discuss wellness issues and health programs, locate information, refer women to appropriate health care providers or community agencies, and answer health-related questions. The center serves more than 250 telephone and walk-in clients per month.

Community Resource Guide. This guide was developed by the volunteers of the Women's Health Resource Center at the University of Michigan CoE. It features local, state, and national agencies that offer support and referral services for women's physical, emotional, and spiritual needs.

Community Discussion Forums. These forums are offered through the year in convenient, community locations. They address a wide range of women's health topics and are structured to include much open discussion. Forums have been offered as part of Teen Health Month, in a feminist bookstore, in suburban community settings, and during an art fair that attracted over 100,000 people.

Health Night Out Series. This series is conducted quarterly and offers lectures by multi-disciplinary teams of health care providers. Each lecture covers women's health topics of particular interest in specific target communities. Examples have included incontinence, preconception planning, osteoporosis, and gynecological cancer.

Celebration of Women. This gala event is held every two years. It includes a dinner, entertainment, and an awards ceremony recognizing seven outstanding women who have dedicated their lives to community services in the Ann Arbor area. Proceeds from the event are used to pay for educational programs to community women, free of charge.

International Women's Show. This is an annual event that draws participants from organizations across southeastern Michigan. CoE staff distribute information about women's health and services at this event.

Women's Health Day. This one-day conference offers community members an opportunity to listen to speakers on a variety of women's health topics, participate in health screenings (breast exams, bone densitometry, cholesterol testing) and attend a community fair where staff are available to answer questions. It is designed to reach underserved women and is attended by over 400 women.

Mini-Med School 2000. This is a six-part lecture series open to the public. Each session features a women's health topic from the scientific and clinical viewpoint. Examples of topics include, sports and women's health; tobacco, media, and women's health; depression; midwifery, osteoporosis; alternatives to hysterectomy for uterine fibroids; and body, mind and spirit.

Women's Health and Alternative Medicine Lecture Series:
Borders Books and Music

Participated in Asian American Women's Health Conference.

Display for Domestic Violence Awareness Week.

Partnered with Spirit of Women campaign promoting women's health across the country.

Participated in multiple community fairs, including: free bone density screening, careers in women's health fair, Ann Arbor Art Fair, Breast Cancer Awareness Month, Taste of Health (with Heart Care Program), Health Night Out, Teen Health Month.

Created and distributed *You, Your Baby & Us* and *Living Well & Feeling Good*, resource guides and educational booklets.

Partnering with PBS to develop women's health information-commercials.

A Women's Health Newsletter is published four times a year. It includes facts and information on specific topics, such as mental health. It also gives an update on research surrounding the featured health topic and information about clinical trials in which women may want to participate.

Developed new brochures for patient education, including topics on: myths of tampon dangers, oral health, breast feeding, mental health and safe sex for lesbians.

- ◆ Center: University of Pennsylvania
Contact: University of Pennsylvania Center of Excellence,
215-573-3569
Internet: <http://www.obgyn.upenn.edu/cewh/>

Junior Faculty Outreach Project: Did You See What She Said?: Creating Access to Health Care with Deaf Women, Annie G. Steinberg, MD. Dr. Steinberg will establish a community outreach program that overcomes current barriers to health care and optimizes the use of visually accessible information pathways to empower Deaf women to become informed and effective consumers and advocates of health care services. The program will also provide advocacy, training and technical assistance to health care systems and providers in making their services accessible to Deaf women, and provide Deaf accessibility training and technical assistance to current providers of women's health information resources.

"Breaking the Silence," a health-tip card educational outreach activity, developed for the Helen O. Dickens Center for Women's Health, to heighten awareness of women's health issues beyond reproductive health. Distributed "Breaking the Silence" health-tip cards to over 10,000 women.

Ongoing seminars, cooking and culinary, and Hatha Yoga classes through Penn Health for Women for community.

Women's Health Conference, planning with Office of Community Affairs and Congregational Nurses for West and Southwest Philadelphia.

Philadelphia Women's Health Forum to address barriers to health care for women.

Seminar on menopause held for community.

Penn Health for Women, newsletter published three times per year, distributed to over 50,000 community residents.

Worked with junior high and high school aged girls to disseminate women's health information.

Working on National Women's Health Report Card with National Women's Law Center.

"Depression Tip Card" of "Breaking the Silence" health tip card series recognized by Tipper Gore as part of Vice President's Mental Health Campaign.

The University of Pennsylvania CoE is developing a resource room for minority women in the community. The resource room will be located in the Helen O. Diokens Center for Women.

- ◆ Center: University of Puerto Rico
Contact: University of Puerto Rico Center of Excellence,
787-753-0090
Internet: <http://www.rcm.upr.edu/2klwhc/>

Dissemination of Information to Community-based Organizations, Victoria Delgado Aponte, MLS. The UPR CoE proposes to provide their partner organizations with additional copies of the Mujery Salud newsletter for increased dissemination. The newsletter will address health issues that are pertinent to the organizations, objectives, and missions. The newsletter will be available at kiosks and health fairs. In addition, Ms. Victoria Delgado will develop four information brochures on topics most relevant to Hispanic women's health in both Spanish and English. Finally, Ms. Delgado will form a speakers bureau of young female faculty who are interested in speaking at community activities on women's health issues.

Provided educational materials for the Third International Book Fair of Puerto Rico, dedicated to women.

Organized Domestic Violence Information Dissemination activity in commemoration of No More Violence Against Women.

Hosted conference on Menopause for Puerto Rican Association of Family Science.

Distributed brochures and booklets for book fair.

Designed and printed English-language brochure describing Puerto Rico CoE to be translated into Spanish.

Upcoming media campaign on rape awareness and prevention.

- ◆ Center: Tulane University Hospital and Clinic
Contact: Tulane Xavier Center of Excellence, 504-585-6156
Internet: <http://www.tulane.edu/~tuxcoe/>

Participation in the Louisiana Women's Health Caucus headed by Senator Paulette Irons in collaboration with the Louisiana Office of Public Health and the Community Outreach Advisory Board.

Establishment of a Community Outreach Advisory Board members representing a diverse cross section of Women's community health groups.

Collaboration with the Louisiana Organ Procurement Agency (LOPA) for the purpose of creating and evaluating an awareness/education program on organ donation at kiosks for driver's license renewal in shopping malls in the greater New Orleans and Baton Rouge areas.

Sponsored an award for the best presentation of a women's health issue at the Tulane University Research Day in April 2000 for the Newcomb College Women's Health Group.

Sponsored Mayor's Conference on Women for two consecutive years in collaboration with the New Orleans Mayor's Office.

Collaborated with the Essence Festival in New Orleans during 1999 for the purpose of distributing women's health materials to the attending public.

Conducted hospital-wide and community-based in-services to increase awareness of domestic violence.

Promote worksite wellness in collaboration with the Tulane Reilly Center by providing a program entitled "Women's Wellness Wednesdays", a monthly lunch presentation on topics related to women's health. An average of 20-25 individuals attends these presentations.

Collaborate with the media (WWL-TV, WDSU-TV, the Times Picayune, Cox Cable TV) for the purpose of bringing information about women's health issues to the public. Dr. Johnson has scripted and presented telelessons on health issues affecting schoolchildren and their families. She and Dr. Magnus have appeared on television to bring to the public information about the center as well as to provide health education on topics such as smoking prevention programs and cardiovascular health in women.

Presenting at the 2000 Leadership Conference of the Equal Opportunity Advisory Council on why women's health should be a focus in today's work place.

Working with the Louisiana Health Care Review to provide health care and education to senior citizens in Louisiana.

Collaboration with the Louisiana Coalition of the National Latina Institute for Reproductive Health ; through the Latinas Unidas Project, the national organization has facilitated the organization of state-level coalitions in 12 states and Puerto Rico for the purpose of implementing educational and policy strategies around Latina reproductive health and rights issues.

Collaboration with the hospitality industry, i.e. hotels within the immediate New Orleans area for the purpose of bringing women's health information to employees through health fairs and distribution of literature.

Collaboration with numerous community organizations in sponsoring booths, participating in the implementation of health fairs and providing health education programs.

Working with Xavier University Mass Communication faculty to develop methods for dissemination large amounts of women's health materials to the public.

Upcoming consumer health education campaign entitled "Wheel of Health."

Participated in the kickoff of the American Cancer Society's "Tell a Friend" public awareness program to improve mammography use through television and radio spots. The program included offering discounted mammograms if appointments were made as a result of the program.

- ◆ Center: Wake Forest University Baptist Medical Center
Contact: Wake Forest Center of Excellence, 336-713-4220
Internet: <http://www.wfubmc.edu/women>

Junior Faculty Outreach Project: A Health Guide to Improve the Health of Hispanic Women, Elizabeth Dugan, PhD. Dr. Dugan will translate the Health Guide, which includes information on

preventative health and serves as a format for recording health information, into Spanish. The purpose of the Hispanic Health Guide will be to educate older Hispanic women (age 50 or older) to request needed preventative health services, to facilitate documentation of such services, and to improve provider-patient communication. An instruction tape will accompany the Hispanic Health Guide. The cultural appropriateness of the Hispanic Health Guide and tape will be reviewed by appropriate members of the Minority Women's Health Panel of Experts, and focus groups with Hispanic women and providers.

Consumer education campaign, "Taking Care of Our Sisters," to promote good health for women of all ages.

Created a Media Workshop "The Science of Women's Health Reporting: Advanced Seminars for the Media" to help journalists better report on women's health research.

Community Advisory Board made up of community members representing the full range of ethnic, socioeconomic, geographic diversity of our region.

Host an annual Fall Initiative on Domestic Violence, which includes a triathlon to raise money for violence prevention initiatives, and community health events targeting professionals, students and community members to raise awareness about domestic violence.

Planning a Teen Health Event.

Host a variety of educational seminars and health fairs for women in the community.

Piloted "Wise Women" community newsletter.

Coordinating Center produces a quarterly mailing distributed to community members.

Created an on-line directory of community resources.

Fact sheets created for CoE target health issues such as: alcohol, breast cancer, heart disease, high cholesterol, exercise, home safety, and stress reduction.

We have two resource centers, which hold women's health collections for both health care professionals and community members.

Collaborate with other health resource centers to supply women's health materials and coordinate kiosks in two public libraries with women's health information.

Contribute to the materials and programming of the institution's Best Health Center, a health information "store" in the local mall.

Created a menopause discussion group, an 8-week series that provides education on biological, historical, cultural and psychosocial aspects of menopause and provides a forum for women to discuss their experiences.

Conduct Health After Hours, a health education series held on-site at local businesses and tailored to the work force.

- ◆ Center: University of Washington, Seattle
Contact: University of Washington Center for Excellence,
206-598-8991
Internet: <http://depts.washington.edu/uw98coe>

Junior Faculty Community Outreach supplement project, headed up by Dr. Mary Laya, has evolved into "Rural Osteoporosis Student Educator Project (ROSE)". This project seeks to train

medical and ARNP students going to rotations in rural Northwest as community educators. Currently on its 2nd year, student workshops have targeted Osteoporosis as the initial topic on which rural women will receive education.

Patient education materials targeting ethnicities with specific vulnerabilities are being created under the direction of Dr. Mary Laya. These materials will be made available in multiple languages and on our website.

UW CoE has joined Region X OWH to promote awareness of Women's Health issues through the federal "Pick Your Path to Health" campaign. Area groups have been invited to participate in a public education conference or calendar tentatively entitled: "Smart Women, Smart Choices" in May 2001.

UW CoE is developing validated inventory of linguistically and culturally appropriate education materials from a variety of publishing sources to help providers improve patients' access to health information.

Public Education/Community Service events that UW engages in include:

- Recreational Equipment Incorporated (REI) Health and Wellness series focuses on sports and wilderness medical issues.
- 'Barnes and Noble Healthy U' public education series held on popular women's health topics

- ◆ Center: University of Wisconsin-Madison
Contact: University of Wisconsin Center of Excellence,
608-267-5566
Internet: <http://www.womenshealth.wisc.edu/>

Junior Faculty Outreach Project: HOWA! Wisconsin Outreach for Adolescent Health, Betty Chewning, PhD. Professor Chewning is conducting intensive outreach to two Wisconsin Indian nations, building on tribal resources for addressing adolescent health risk-taking behaviors, particularly sexual risk-taking behaviors. The strategy includes workshops, an oral history curriculum, a pregnancy prevention curriculum, and a “virtual baby” resource. Approaches will be evaluated for effectiveness and those findings presented to all Wisconsin tribes for consideration.

Made more than 20 community presentations around the on subjects ranging from the practical (*Menopause Management, Talking with Your Provider*) to the topical (*Depression, Osteoporosis*), to the global (*Women’s Health and Women’s Philanthropy- What Women’s Giving Can Mean*).

Participated in a statewide public awareness campaign, *More Than Just the Blues*, aimed at educating consumers and professionals about the diagnosis and treatment of postpartum mood disorders.

Developed and presented “Raising a Daughter” in the panel “Educating Parents, Families and Communities”, at the PHS-sponsored Girls to Women Conference in Chicago. Presentation was offered numerous times in Wisconsin as well.

Promoted better understanding of WH issues through the news media:

- A dozen interviews for TV, radio and print.
- Met with Wisconsin media leaders on communicating health priorities.
- Brought basketball player Rebecca Lobo and her mother to Madison for an event for women with cancer. Rebecca Lobo’s

comments on breast cancer early detection and survival issues were carried on TV sports segments.

Produced three major community events:

- *Mother & Daughter Cancer Hope* – inspirational program and cancer health fair.
- *Menopausal Health for Breast Cancer Survivors* – day long workshop for consumers.
- The First Annual Elizabeth Karlin Women’s Health Conference – academic/community event.

Planning Second Annual Elizabeth Karlin Conference, *Women’s Health in Diverse Communities* for November 4, 2000.

Participated in coalitions and committees to address specific consumer health issues: (1) Migrant Coalition; (2) Maternal Child Health Coalition; (3) Community Coordinated Health Care Response to Domestic Violence in Dane County; (4) Community Coordinated Health Care Response to Sexual Assault in Dane County; (5) Dane County Executive’s Health Care Summit Planning Committee; (6) Osteoporosis Working Group; and, (7) Women and Mental Health Study.

Exhibited at Second and Third Annual Wisconsin Women’s Health Conferences, Wausau, Wisconsin Women of Color Health Conference, Milwaukee, and the Wisconsin Head Start Association Collaboration Conference, Madison.

Created CoE Web site including:

- Calendar which integrates community and professional WH events and learning opportunities.

- Girls' health site- Spanish and English.
- Photos and essays from Milwaukee breast cancer survivors and their fathers featured in Mamm Magazine.

Worked with Wisconsin Division of Health to create and publish the *Wisconsin Women's Health Resource Directory*. The directory is being distributed free at health fairs as well as to all libraries around the state, county public health departments and to select WH clinical and patient resource sites. The directory is also available on our Web site.

Collaborating with the Madison Repertory Theater and Hospice of Dane County on educational programming and materials to complement September's production of *Wit*; by MRT.

Collaborating with the UW Comprehensive Cancer Center to produce a colon cancer-screening exhibit targeted to elderly women.

Conducted specific media outreach on ovarian cancer and HIV in women.

Partnered with Meriter Hospital to conduct community review of a range of patient education materials on menopause for cultural relevance, effectiveness and literacy level and accuracy of content.

Joined with the First lady's Wisconsin Women's Health Foundation to network and participate in community education and to provide professional expertise for grant making.

Joined with the Wisconsin Public Television and the UW Extension to develop locally produced women's health TV programming which highlights the role of WH research in promoting women's health, the health needs and interests of

medically underserved women, development of a traveling WH pioneers exhibit, and the specific concern of Wisconsin women at different life stages. The specific concerns of Wisconsin women are complemented by grassroots education efforts coordinated through Extension agents in Wisconsin counties, and development of a personal health diary for women.

Assisted the Lesbian Health Issues Task Force to develop its community education series. The CoE helped to find speakers, worked with UW Hospital and Meriter Hospital Women and Family Center to find AV equipment and screening materials at no cost, and publicized the talks. A LHITF table was included in our cancer health fair and information on Lesbian health issues is included in the state directory.

Pursued funding for research examining the accessibility of regional health care facilities to women with mobility disabilities. The first attempt was unsuccessful. Continuing to investigate initiatives to serve this population.

Partnered with the Madison Witness Project, a community-based and culturally specific breast and cervical cancer outreach effort, run by and for African American women. Our relationship involves:

- including each other in outreach.
- connecting clinicians and researchers with the project.
- identifying funding for teaching materials.
- collaborating on grant writing.

In November, the Madison Witness Project secured its first major grant: \$25,000 from the Madison Race for the Cure, Susan G. Komen Foundation.

Presenting a session on reproductive cancers and the need for pelvic exams to elderly women religious in collaboration with the Sisters of St. Mary's *Taking Care Day 2000* at St. Mary's Hospital, Madison.

- ◆ Center: Yale University
Contact: Yale Center of Excellence, 203-688-5180
Internet: <http://info.med.yale.edu/womenshealth/>

Community outreach, clinician and patient education project through Fair Haven Community Health Clinic. The overall goal of the program was aimed at the provision of better health care for minority women in mid life. Talks by experts in the management of peri- and post-menopausal concerns in women's health were presented to clinicians in addition to the provision of other educational components such as bibliographies, websites, etc. Patient education was promoted through focus groups for minority population women, dispersement of educational materials in Spanish and English at the health center and other community sites, talks by clinicians within the community, and a Women's Health Fair at the end of the program. Appropriate assessment measures were established to determine the impact of the program on clinical care and patient health behaviors.

Participated in NAACP Urban Health fair with Urban Health Program at local inner city high school serving predominantly African-American and Latino adolescents.

Provided content for the National Women's Health Information Center website with the following topics: ovarian cancer, premenstrual syndrome, and migraine headaches.

Distributed brochure for clinical service site to local schools, churches, and other community sites.

Professional Training and Education

- ◆ Center: University of California at Los Angeles
Contact: UCLA Center of Excellence, 1-800-825-2631
Internet: <http://womenshealth.med.ucla.edu/>

The UCLA CoE sponsors “Controversies in Women’s Health,” a conference for health care providers. The 1999 conference had 200 participants, including internists, family and general physicians, geriatricians, OB/GYNS, and nurse practitioners from a wide geographic area in California and throughout the country.

The Women’s Health Education and Resource Center produced a CD-ROM for physicians of faculty evaluated patient education resources and web sites.

- ◆ Center: Harvard University
Contact: Harvard Medical School’s Center of Excellence,
617-732-8798
Internet: <http://www.hmcnet.harvard.edu/coe/>

Brigham and Women’s Hospital and the Boston Healthy Start Initiative of the Boston Public Health Commission, received funding from the “Medicine as a Profession” program of the Open Society Institute to address the issue of accountability of the health care system to the community. The goals of this project are: (1) To better understand how women experience the health care system and personal interactions with physicians from a racial, ethnic, cultural, and class point of view; (2) To better understand physicians’ perceptions of how racial/ethnic identity and class impact the care of pregnant woman and pregnancy outcomes; (3) To identify common domains of quality of care, including satisfaction, among physicians and patients as they relate to differences between the provider and women; and (4) To

develop guidelines for satisfaction in the cross cultural provider/patient interaction when the patient is a woman of color and use these guidelines to educate physicians about how patient satisfaction in this area relates to professional behavior. Benchmarks will be developed to evaluate the cross-cultural encounters between women of color and physicians. The goal is to develop mutually agreed upon indicators of physician accountability in their care for minority women in traditional health care settings. Benchmarks will be created in the context of infant mortality, recognizing disparities in infant death rates among black and white babies in Boston. To better understand professional medical behavior in the context of cross cultural, racial, and ethnic encounters and to develop measures of physician accountability in these interactions, a working group of physicians and women of color will be established to more explicitly explore how issues of racial identity and ethnicity manifest in the medical encounter. The physicians will be drawn from Brigham and Women's Hospital and its affiliated health centers. The women will be drawn from the Boston Healthy Start Initiative's ongoing Leadership Training Program. The Leadership Training Program has enhanced the leadership, organizing, and advocacy skills of over 30 women from Boston's high-risk neighborhoods. During Phase I, interviews will be conducted with members of the working group to develop ways of describing how physicians and patients (consumers) view the cross cultural/racial/ethnic interaction. The working group will review videotapes of cross-cultural interactions to identify components of the interaction that are defined by racial and ethnic identity. During Phase II, focus groups will be conducted with consumers and physicians to determine their perceptions of how racial and ethnic identity influence the patient/provider interaction. Focus group results will be used to develop a tool to assess the satisfaction with racial and ethnic aspects of

interactions. During Phase III, the tool will be field-tested. This process is based on the assumption that people and organizations who see different aspects of a problem can constructively explore their differences, learn from one another, and search for solutions that go beyond their own limited view of what is possible.

- ◆ Center: Indiana University School of Medicine
Contact: Indiana University Center of Excellence, 317-630-2243
Internet: <http://www.iupui.edu/~womenhlt/>

The IU CoE developed a telemedicine course for physicians around the state.

- ◆ Center: Magee Womens Hospital
Contact: Magee Womens Hospital Center of Excellence,
412-641- 4450
Internet: <http://www.mwri.magee.edu>

Junior Faculty Outreach Project: Identifying Ways to Improve Detection of Domestic Violence in the Primary Care Setting, Raquel Buranosky, MD. Through her community outreach involvement in the women's shelters of Pittsburgh and the Magee Neighborhood Health Clinics, Dr. Buranosky will develop and evaluate methods for domestic violence screening in primary care settings. She will explore barriers as they relate to patient characteristics, provider attitudes, and practice situations through chart reviews and interviews with provider and staff. In addition, the project will provide training opportunities for University of Pittsburgh medical students at local women's shelters. Students will learn about the medical and social needs of abused women and the role they can play as physicians in detection and referral. It is anticipated that Dr. Buranosky will be able to propose a domestic violence-screening program for the primary care settings within the UPMC system upon completion of this project.

- ◆ Center: MCP Hahnemann School of Medicine
Contact: MCP Hahnemann Center of Excellence, 215-842-7041
Internet: <http://www.mcphu.edu/institutes/iwh/coe.htm>

Presentations to civic, health professional, general public, and community leader groups.

- ◆ Center: University of Michigan Health System
Contact: University of Michigan Center of Excellence,
734-763-0984
Internet: <http://www.med.umich.edu/whrc/ctr.excel.html>

The CoE sponsors a continuing medical education program on Asian Women's Health.

Sponsor on-going continuing medical education courses on women's health.

- ◆ Center: University of Puerto Rico
Contact: University of Puerto Rico Center of Excellence,
787-753-0090
Internet: <http://www.rcm.upr.edu/2klwhc/>

Planning and coordination of activities for the RADAR Train the Trainer workshop for health professionals on domestic violence.

- ◆ Center: Tulane and Xavier Universities at Louisiana
Contact: Tulane Xavier Center of Excellence, 504-585-6156
Internet: <http://www.tulane.edu/~tuxcoe/>

Sponsor monthly Women's Health Lecture Series offering continuing medical education in clinical areas where women comprise a disproportionate share of the population affected with the disease.

Sponsor monthly Research Seminars on women's health issues.

- ◆ Center: Wake Forest University Baptist Medical Center
Contact: Wake Forest Center of Excellence, 336-713-4220
Internet: <http://www.wfubmc.edu/women>

Hold a quarterly continuing education series: “Practical Women’s Health for Primary Care.”

Offer CME credit for Research Seminar series.

Have a resource center for professionals.

Provide on-line resources for teaching women’s health.

Distribute a newsletter on groundbreaking research to community physicians.

- ◆ Center: University of Wisconsin-Madison
Contact: University of Wisconsin Center of Excellence,
608-267-5566
Internet: <http://www.womenshealth.wisc.edu/>

Recruiting minority and other underserved community members to diversify the pool of standardized patients who assist in teaching physician and PA interview skills.

Working with the Dane County site of the Women and Mental Health Study to recruit healthcare professionals for “cross-training” to better serve women with mental illness, AODA and trauma histories.

Brought community representatives into the classroom to address graduate nursing students in a new course, *Health Promotion and Disease Prevention for Diverse Communities*.

Working to expand monthly Women’s Health Forum to multiple sites and to topics relevant to medically underserved women.

Leadership Development

- ◆ Center: University of California at Los Angeles
Contact: UCLA Center of Excellence, 1-800-825-2631
Internet: <http://womenshealth.med.ucla.edu/>

The Women's Health Education and Resource Center provides graduate internships for MSW Students.

Key UCLA CoE personnel developed and teach the multidisciplinary undergraduate course, "Topics in Women and Medicine," which exposes undergraduates, principally women and largely minorities, to role models in various health care fields, including medicine, nursing, social work, and public health. In addition to formal lectures, students and faculty meet informally for open discussions.

- ◆ Center: University of California, San Francisco
Contact: University of California, San Francisco Center of Excellence, 415-885-7273
Internet: <http://itsa.ucsf.edu/~ucsfcoe/main.html>

The UCSF CoE Internship Program exposes young people to the various fields of women's health. The program provides specific activities in which young people can participate as they learn and develop their interests and open their minds to the wealth of opportunities available to them. The program introduces interns to outside resources they may not have previously encountered, including organizations and individuals in their area of interest, as well as new ideas and possibilities. The Internship Program also helps young people of a variety of age ranges and academic levels to gain hands on work experience in the various fields of women's health. In return, the UCSF CoE is able to develop ties with diverse communities from which interns are selected, and gains the enthusiasm and dynamic insights of young people who are

interested in learning about women's health. The broad age range and racial/ethnic diversity of interns allows for a large degree of informal cross-age mentoring and social support for these young people. The UCSF CoE Internship Program is open to high school, undergraduate, graduate, and professional school students as well as recent graduates of all academic levels. Since the inception of this program in October 1996, over 110 interns have been placed with the UCSF CoE.

- ◆ Center: Indiana University School of Medicine
Contact: Indiana University Center of Excellence, 317-630-2243
Internet: <http://www.iupui.edu/~womenhlt/>

The Indiana University CoE took the lead on creating an article co-authored by several CoEs to highlight "Novel Community Outreach Methods in Women's Health Issues."

- ◆ Center: University of Pennsylvania
Contact: University of Pennsylvania Center of Excellence,
215 - 573-3569
Internet: <http://www.obgyn.upenn.edu/cewh/>

Women's Health Community Fellowship in collaboration with the RKG Foundation, places a student in a community-based organization to implement a specific women's health project.

- ◆ Center: Tulane and Xavier Universities of Louisiana
Contact: Tulane Xavier Center of Excellence, 504-585-6156
Internet: <http://www.tulane.edu/~tuxcoe/>

A women's faculty mentoring program was established. The program includes one-on-one junior/senior women faculty pairing, as well as a list of senior women faculty mentors with specific areas of expertise for consultation with junior faculty women as needed.

A medical student/faculty group mentoring program was established which pairs faculty members with specific areas of expertise with student groups interested in mentoring on that issue.

A Summer Health Science Internship Program for undergraduates has been established in partnership with the University of Louisiana Systems. Interns spend time in the labs of participating faculty, and the program spans research across the spectrum of health professions including faculty in both the School of Public Health and Tropical Medicine and the School of Medicine.

The Tulane Summer Mentorship Project for Middle School Students is part of an ongoing relationship between the New Orleans Public School District and Tulane. Summer mentorship is provided to middle school students through participation in the World of Work Academy program which exposes young people to the various fields of the health profession to create awareness and interest.

- ◆ Center: Wake Forest University Baptist Medical Center
Contact: Wake Forest Center of Excellence, 336-713-4220
Internet: <http://www.wfubmc.edu/women>

Holds quarterly professional development for women faculty, which include such topics as conflict resolution, negotiation skills, and gender differences in professional behaviors. Most of these programs are open to faculty at area colleges and universities.

- ◆ Center: University of Washington, Seattle
Contact: University of Wisconsin Center for Excellence,
206-598-8991
Internet: <http://depts.washington.edu/uw98coe>

Junior Faculty Outreach Project: Rural/Underserved Outreach Initiative, Mary Laya, MD, MPH. Dr. Laya will implement a women's health educational outreach program, focused on rural underserved communities of women. This project makes use of a vertical mentoring system: medical students are mentored by junior faculty, who in turn receive mentoring from senior faculty from multiple disciplines.

- ◆ Center: University of Wisconsin-Madison
Contact: University of Wisconsin Center of Excellence,
608-267-5566
Internet: <http://www.womenshealth.wisc.edu/>

The CoE sponsored a Madison parish nurse to accompany faculty to Howard's Women of Color Health Conference in April '99.

Working with high school and college interns on a variety of outreach projects.

Hired an adult Latina social work student to conduct community-specific outreach, attend trainings and meet with community leaders.

Participated in *Expanding Your Horizons*, a program to interest middle school girls in math & science careers.

Joined with the First Lady's Wisconsin Women's Health Foundation to create a women's health scholarship to develop women's health leaders.

◆ Center: Yale University

Contact: Yale Center of Excellence, 203-688-5180

Internet: <http://info.med.yale.edu/womenshealth/>

Participated in Community Leadership Training course in collaboration with the Urban Health Program.

Hosted two female adolescents for Groundhog Junior Shadow Day Program.

Through collaboration on the Community Leadership Training course, participated in half-day “Health Day,” focusing on women’s health.

Community Collaborations

◆ Center: University of California at Los Angeles

Contact: UCLA Center of Excellence, 1-800-825-2631

Internet: <http://womenshealth.med.ucla.edu/>

The UCLA CoE is also engaged in collaborations with: Child Care Resource Center, CHAMPS Headache Program, Health Policy Council of the Los Angeles County Commission, and the Rhonda Fleming Mann Center for Women with Cancer, Los Angeles County Domestic Violence Council, and the USC School of Social Work.

◆ Center: University of California, San Francisco

Contact: University of California, San Francisco Center of Excellence, 415-885-7273

Internet: <http://itsa.ucsf.edu/~ucsfcoe/main.html>

The UCSF CoE is a member of “The Women’s Health Collaborative” partnership of community organizations.

Additional partnerships include: Asian and Pacific Islanders for Reproductive Health, Bay Area Women's Health Advocacy Coalition, 50+ and Strong, Greater Bay Area Alzheimer's Association, International Ladies Garment Industry Union, National Asian Women's Health Organization, Mount Zion Health Systems, National Women's History Project, California Elected Women's Association for Education and Research, San Francisco Commission on the Status of Women, local universities and the San Francisco Unified School District.

- ◆ Center: Harvard University
Contact: Harvard Medical School's Center of Excellence,
617-732-8798
Internet: <http://www.hmcnet.harvard.edu/coe/>

The Harvard CoE collaborates with the following organizations: Beth Israel Deaconess Medical Center, Boston Public Health Commission, Brigham and Women's Hospital, Community Care Alliance, Community Healthy Heart Partnership, Southern Jamaica Plain Health Center, Massachusetts General Hospital.

- ◆ Center: University of Illinois at Chicago
Contact: University of Illinois at Chicago Center of Excellence,
312-413-1924
Internet: <http://www.uic.edu/orgs/womenshealth/>

Partnerships include: Chicago Abused Women Coalition, Cook County Commission on Women's Health, Gay and Lesbian Health Office of Chicago Department of Public Health, Korean community representatives, National Women's Health Network.

- ◆ Center: Indiana University School of Medicine
Contact: Indiana University Center of Excellence, 317-630-2243
Internet: <http://www.iupui.edu/~womenhlt/>

Community Collaborations: AIDServe, Girls Inc., Indiana Commission for Women, Indiana State Department of Health Office on Women's Health, Indiana University Nicotine Dependency Program, Indiana University School of Nursing, Julian Center for Victims of Domestic Violence and their Children, the Little Red Door Cancer Agency, Marion County Health Department, the Wellness Community, Wishard Health System, and the YWCA.

- ◆ Center: Magee Womens Hospital
Contact: Magee Womens Hospital Center of Excellence,
412-641- 4450
Internet: <http://www.mwri.magee.edu>

Community Collaboration: Community Sex Education, Domestic Violence Program, Magee-Women's Leadership Caucus, Speakers Bureau, and Women's Health Advocacy Project.

- ◆ Center: MCP Hahnemann University
Contact: MCP Hahnemann Center of Excellence, 215-842-7041
Internet: <http://www.mcphu.edu/institutes/iwh/coe.htm>

Community Collaborations: African-American Community Board (including Black Clergy of Philadelphia, Inc.), Asian Ad Hoc Community Group, Consortium for Latino Health, Philadelphia Corporation for Aging, Planned Parenthood, Lutheran Settlement, Physicians for Social Responsibility, School District of Philadelphia, Drexel University and Tenet Health System.

◆ Center: University of Michigan

Contact: University of Michigan Center of Excellence,
734-763-0984

Internet: <http://www.med.umich.edu/whrc/ctr.excel.html>

Multiple community partners, including: Ann Arbor Mayor's Task Force to Prevent Violence Against Women, Corner Health Center, Michigan Initiative for Women's Health. Developed strong ties to University of Michigan schools and colleges, including School of Public Health, School of Nursing, and the College of Community Service and Learning, Eastern Michigan University, and Central Michigan University.

◆ Center: University of Pennsylvania Health System

Contact: University of Pennsylvania Center of Excellence,
215 - 573-3569

Internet: <http://www.obgyn.upenn.edu/cewh/>

Community Collaboration: American Diabetes Association, Association of Black Cardiologists, The Black Women's Health Project, Community Affairs Office at UPENN, Congregations Nurses Program at Penn, International Society on Hypertension in Blacks, National Eye Institute, W.I.S.E. Women's Health Center,

◆ Center: University of Puerto Rico

Contact: University of Puerto Rico Center of Excellence,
787-753-0090

Internet: <http://www.rcm.upr.edu/2klwhc/>

Community Collaboration: Casa Julia Women's Shelter, Governor's Office on Women's Issues, Help Center for Rape Victims, Puerto Rican Association of Family Sciences, Universidad Central del Caribe, and University of Puerto Rico School of Social Work.

- ◆ Center: Tulane and Xavier Universities of Louisiana
Contact: Tulane Xavier Center of Excellence, 504-585-6156
Internet: <http://www.tulane.edu/~tuxcoe/>

Community Collaboration: Tulane University, Tulane University Medical Center, Tulane University School of Public Health and Tropical Medicine, Xavier University of Louisiana, Xavier University – College of Pharmacy, Tulane University Hospital and Clinic, HCA – The Healthcare Company, Lakeside Hospital, Lakeland medical Center, Loyola University of New Orleans, Loyola University City College/Nursing, Newcomb College, Newcomb College Center for Research on Women, State of Louisiana Office of Public health, City of New Orleans Department of Health, EXCELth Inc., LA Turning Point Partnership, Cancer Association of Greater New Orleans, Tulane/Xavier Campus Affiliates Program, Carmel in the Business District, Children’s Bureau, Christian Health Ministries, C.J.Peete Resident Council, Council on Alcohol and Drug Abuse, Covenant House, Daughters of Charity, Food for Families, Food for Seniors, Grace House of New Orleans, Great Expectations, Greater New Orleans Foundation, Heartbeats Life Center, Hispanic Apostolate, House of Ruth, Iberville Resident Council, Irish Channel Christian Fellowship, Jewish Family Service, New Orleans Black Nurses Association, New Orleans District Nurses Association, State of Louisiana Women’s Legislative Caucus - Louisiana Senate, Metropolitan Battered Women’s Program, Native American Cancer Initiatives Inc., NO/AIDS Task Force, The Pardue Clinic, Planned Parenthood of Louisiana, Total Community Action, Unity for the Homeless, Consumer Advisory Board, Louisiana Organ Procurement Agency, New Orleans Mayor’s Office, Louisiana Health Care Review, Louisiana Coalition of the National Latina Institute for Reproductive Health.

- ◆ Center: Wake Forest University Baptist Medical Center
Contact: Wake Forest Center of Excellence, 336-713-4220
Internet: <http://www.wfubmc.edu/women>

Community Collaboration: Brenner's Center for Child and Adolescent Health, Churches, Forsyth County Libraries, Wachovia (local bank), Family Services of Winston-Salem, YWCA, Winston-Salem State University, Wake Forest University—Reynolda campus, Salem College, Forsyth Technical Community College, Bennett College, University of North Carolina—Greensboro, Women's and Infants Services, QualChoice, Southern Community Bank, Sara Lee Corporation, Integon, Susan G. Komen Breast Cancer Foundation, Winston-Salem/Forsyth County School, Republican Women, Congressman Richard Burr, Forsyth County Health Department, Winston-Salem Mayor's Office, City of Winston-Salem, WellSpring Whole Foods, Carolina Camera, The Portrait Gallery, G. Carlyle Salon, Gold's Gym, Dillard's, Hanes Mall, Tanglewood, Salem Lake YWCA, Enrichment Center, Center for Creative Leadership, Musicians and Artists Against Rape, Hanes Mall Cinema, Pepsi, Old Navy, American Eagle, Camelot Music, Forsyth County Infant Mortality Coalition, Harris Teeter, NC Office of Women's Health, Women Veteran's Program.

- ◆ Center: University of Washington, Seattle
Contact: University of Washington Center for Excellence, 206-598-8991
Internet: <http://depts.washington.edu/uw98coe>

Community Collaboration: Ongoing development of Community Partners Program. Continuing relationships with: Harborview Medical Center, King County Health Department, Sea-Mar Community Health Center, University of Washington

Medical Center Patient and Family Education Department,
University of Washington Service League.

- ◆ Center: University of Wisconsin-Madison
Contact: University of Wisconsin Center of Excellence,
608-267-5566
Internet: <http://www.womenshealth.wisc.edu/>

Community Collaboration: Plans to conduct future activities with Wisconsin Women's Health Foundation. Additional relationships with: Lesbian Health Issues Task Force, Medical School Public Affairs Department, Metropolitan Woman's Club, Specialty Clinic for Women with Disabilities, Transitional Housing representatives.

- ◆ Center: Yale University
Contact: Yale Center of Excellence, 203-688-5180
Internet: <http://info.med.yale.edu/womenshealth/>

Community Collaboration: New Haven Chamber of Commerce, Primary Care Center at Yale New Haven Hospital, Urban Health Program, Fair Haven Community Health Center, and the Yale Department of Epidemiology and Public Health.

**NATIONAL CENTERS OF EXCELLENCE IN WOMEN'S HEALTH
DECEMBER 2000**

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University of California, San Francisco, San Francisco, CA,
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Harvard University, Boston, MA, Phone: 617-732-8798,
Internet: www.hmcnet.harvard.edu/coe/

University of Illinois at Chicago, Chicago, IL, Phone:
312-413-1924, Internet:
www.uic.edu/orgs/womenshealth/index.html

Indiana University School of Medicine, Indianapolis, IN, Phone:
317-274-2754, Internet: www.iupui.edu/~womenhlt/

Magee Womens Hospital, Pittsburgh, PA, Phone:
412-641-6003, Internet: www.magee.edu/cewh2.htm

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Phone: 215-842-7041, Internet:
<http://www/mcphu.edu/institutes/iwh>

University of Michigan Health Systems, Ann Arbor, MI, Phone:
734-763-0984, Internet: www.med.umich.edu/whrcctr.excel.html

University of Pennsylvania, Philadelphia, PA, Phone: 215-898-0147,
Internet: www.obgyn.upenn.edu/cewh/

University of Puerto Rico, San Juan, PR, Phone: 787-753-0090,
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